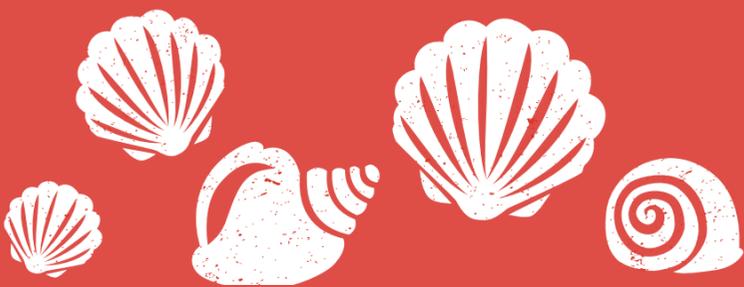


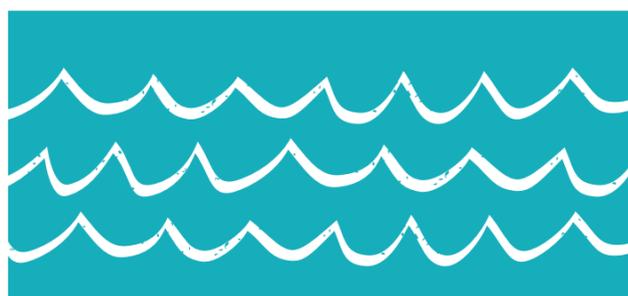
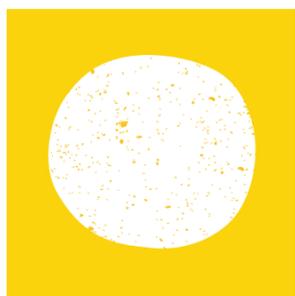
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S U N

By Anna Weinstien

Memory Book

Volcano in the Sand

Driftwood Collage

Seaside Treasures

Stone People

The beach is the ultimate destination for summer adventures. Children love spending time near the water, and there's something about the sight of sand that sends children into automatic skipping mode. If you're planning a trip to the beach with the kids this summer, consider mixing up the fun with a few activities that go beyond Frisbee and building sandcastles. The following ideas will help you get started!

Bring a (waterproof) disposable camera for each child, and encourage the kids to take pictures of fun family moments at the beach. When you get home, have the photos developed and help the kids create their own family memory book. Have them dictate or write captions for each of the photos. The outside of the book can be decorated with shells from the beach.

Place an empty plastic soda bottle in the sand and have the kids cover it with sand so that only the opening is exposed. Fill the bottle with room temperature water, add a few drops of liquid detergent and two tablespoons of baking soda, and then slowly pour in vinegar. Be sure the children are crowded around when you add the vinegar!

Take along buckets and challenge the kids to fill them full of interesting shells. Then take a walk down the beach and help the kids find a small piece of driftwood (one for each). Have the kids glue the shells to the driftwood to create a beach memory they can take home with them. All you need to bring with you is the glue!

Have the kids collect feathers, shells, and small stones to create their own treasure chest. Bring along wooden boxes (from a craft-supply store) and glue, and help the kids decorate their treasure chest. They can play pirates and hunt for their treasure in the sand.

Have your children collect egg-shaped stones to make miniature people. A small box of craft supplies will keep the kids busy as they draw faces with markers and glue on hair (yarn) and clothing (scraps of material). Display the stone folk on the kids' bedroom shelf to create lasting memories of the beach trip.

Seattle Beaches

- 1 Golden Gardens
8498 Seaview Place NW
- 2 East Green Lake Beach
7201 East Green Lake Drive N
- 3 Matthews Beach
49th Avenue NE and NE 93rd Street
- 4 Madison Beach
43rd Avenue E
- 5 Madrona Beach
853 Lake Washington Boulevard
- 6 Alki Beach
1702 Alki Avenue S
- 7 Pritchard Island Beach
8400 55th Avenue S



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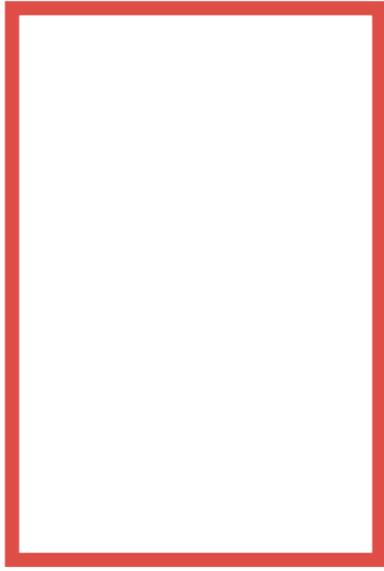
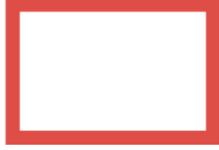
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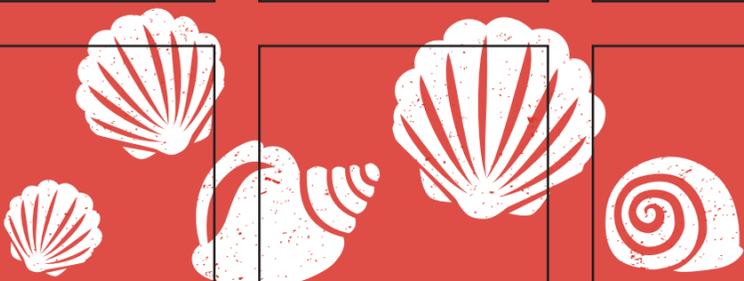
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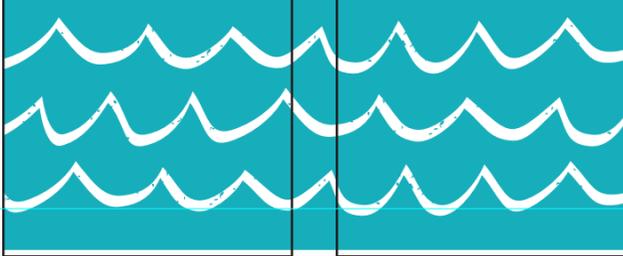
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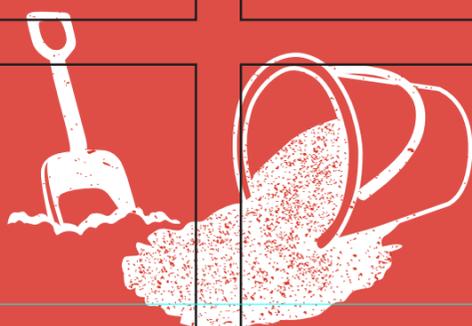
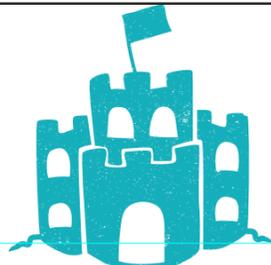
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